

RSU 54 Canaan School Lunch Menu

June 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Memorial Day 28 NO SCHOOL	29 Cheesy Twisted Breadsticks w/dipping sauce Roasted Garbanzo Beans Chilled Mixed Fruit - Pears Fruit and Veggie Bar	30 Cheeseburger w/WW Bun Pasta Salad w/peppers Lettuce & Tomatoes Diced Peaches Fruit and Veggie Bar	31 WG Donut w/String Cheese Vanilla Yogurt Cup Kitchen's Veggie Choice Kitchen Fruit Choice Fruit and Veggie Bar	1 Tasty Chicken Bowl & Biscuit Cheesy Mashed Potatoes Crisp Yellow Corn Dried Fruit Energy Mix Fruit and Veggie Bar
4 Pasta w/Marinara Sauce Meatballs, Garlic Stick Steamed Yellow Corn Sweet Strawberries Fruit and Veggie Bar	5 Macaroni & Cheese Boats Roasted Diced Ham Broccoli Bites Dried Fruit Mix Fruit and Veggie Bar	6 BBQ Chicken Baked Beans Pasta Salad w/peppers Cinnamon Apple Slices Fruit and Veggie Bar	7 Beef Stroganoff w/buttered noodles & roll Green Peas Chilled Mixed Fruit Fruit and Veggie Bar	<u>French Toast Friday</u> 8 French Toast Sweet Corn Niblets Chilled Strawberries Fruit and Veggie Bar
Breakfast for Lunch 11 Egg & Cheese Omelet Spring Green Peas Diced Pears w/cranberries Buttery Croissant Fruit and Veggie Bar	12 WG Donut w/String Cheese Vanilla Yogurt Cucumber Rounds Cook's Fruit Choice Fruit and Veggie Bar	<u>Field Day</u> 13 Ham & Cheese Flatbread Pizza Dipping Sauce Raspberry Sherbert Cup Fruit and Veggie Bar	14 Turkey & Cheese Wrap Kitchen Veggie Choice Kitchen Fruit Choice Fruit and Veggie Bar	15 BBQ Pulled Pork w/Roll Baked Beans Pasta Salad Cooks Fruit Choice Fruit and Veggie Bar
Early Release 18 Corn Dog on a Stick Kitchen Veggie Choice Kitchen Fruit Choice	19	20	21	22
FREE SUMMER LUNCH MEAL for ALL KIDS ~Join us in June 19th - August 3rd ~				
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Locations		Lunch Times		Free Meals are available for all children. Join us for lunch at the location nearest you!
Canaan Elementary School		11:30 AM - 12:00 PM		
Mill Stream Elementary School		11:30 AM - 12:00 PM		
North Elementary School		11:30 AM - 12:00 PM		
Skowhegan Area Middle School		11:30 AM - 12:00 PM		
A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC				

"This institution is an equal opportunity provider."