

Canaan Grade School Lunch Menu

October 2008

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
29 Cheeseburger w/bun Oven Fries Seasoned Green Beans Fresh Maine Apple	30 Chicken Fajita Wrap Rice Pilaf Baby Carrots Chilled Mixed Fruit	1 Rotini w/Meat Sauce Italian Vegetables Garlic Toast Maine Apple Cake	2 Ham Slice Buttered Noodles Peas & Carrots Chilled Peaches	3 School made pizza Salad/dressing Pineapple Oatmeal raisin cookie
6 Hot Dog w/roll Oven Fries Corn Fresh Grapes	7 Chicken Fingers w/BBQ Steamed Rice Mixed Vegetables Chilled Peaches	8 Hot Turkey & Cheese Hoagie Pasta Salad Veggie Sticks w/dip Chilled Pears	9 Rotini w/meat sauce Salad w/dressing Bread & Butter Mixed Fruit	10 Chicken Nuggets w/dip Mashed Potatoes Seasoned Carrots Fresh Orange or Apple
13 Celebrate Columbus Day NO SCHOOL	14 National Corn Dogs Smiley Fries Salad w/dressing Fresh Orange	15 School Sloppy Joe w/roll Mashed Potatoes Cucumber Sticks w/dip Applesauce	16 Lunch BBQ Rib w/bun Buttered Noodles Seasoned Corn Mixed Fruit	17 Week Cheeseburger w/bun Macaroni Salad Peas & Carrots Mixed Peaches & Pears
20 Ham Slice Macaroni w/cheese Salad w/dressing Chilled Pears	21 Baked Chicken Roasted Red Potatoes Green Beans Pineapple Tidbits	22 EARLY RELEASE DAY Ham & Cheese Sandwich Vegetable Sticks w/dip Pretzels Fresh Apples	23 American Chop Suey Seasoned Corn Steamed Broccoli SchoolmadeWheat Roll	24 School Made-Cheese or Pepperoni Pizza Veggie Sticks w/dip Jello w/pears
27 French Toast Sticks Sausage Patties Cheese Wedge Chilled Mixed Fruit	28 Ham & Cheese Croissant Roasted Red Potatoes Salad w/dressing Peaches	29 Beef Nachos w/salsa Shredded Lettuce Tomato, Cheese Fresh Maine Apples	30 Sheppard's Pie Green Peas School made Biscuits Pudding	31 Mummy Fingers (chicken) Hay Stacks(oven fries) Creaky Bones(baby carrots) Warlock's Mix(mixed fruit) Ghoul Aid(milk)

A Milk Variety is Served With Every Meal - Menu is Subject to Change