



January 2, 2012

Parents of Kindergarten Students,

**This is a reminder that the Healthy Backpack program at Canaan Elementary School will begin next week.** Thanks to a generous grant provided to Canaan Elementary School from the New Balance Foundation we are able to offer this program to **ALL KINDERGARTEN STUDENTS.**

Each week through the month of May students will receive a healthy snack, breakfast item and lunch item to take home each Friday. They will also receive a free book and information on health and nutrition each week. All items will be sent home in a snack bag supplied by the program. There will be two family activities – one during the program and at the end of the program a celebration will take place.

The program is free of charge. Families are expected to look the information over that is sent home and assist their child in reading the provided book and encourage them to eat the food. Family events will focus on literacy and healthy food will be served.

All kindergarten students will be participating in this program. If you have any questions or concerns, please do not hesitate to contact me at school at 474-3901 or via email at [svoter@msad54.org](mailto:svoter@msad54.org).

Stephanie Voter, RN

Canaan Elementary School Nurse