

# School Lunch Menu ~ National Pizza Month

## October 2017

<b>Monday</b> 2	<b>Tuesday</b> 3	<b>Wednesday</b> 4	<b>Thursday</b> 5	<b>Friday</b> 6
Sausage Pancake on a Stick Yogurt Cup or Cheese Stick Roasted Green Beans Creamy Fall Applesauce <b>Fruit and Veggie Bar</b>	Cheesy Lasagna Rolls ~ sauce & WW garlic sticks Fresh Salad w/romaine Green Tip Banana <b>Fruit and Veggie Bar</b>	<b>National Pizza Month</b> French Bread Pizza Crisp Maine Cucumbers Sweet Pineapple Chunks <b>Fruit and Veggie Bar</b>	Beef Shepard's Pie w/potatoes and corn Crunchy Carrot Sticks Diced Chilled Pears <b>Fruit and Veggie Bar</b>	<b>World Smile Day</b> Chicken Filet w/WW Bun Smiley Potatoes Orange Smiles <b>Fruit and Veggie Bar</b>
<b>Celebrate</b> 9	<b>National</b> 10	<b>School</b> 11	<b>Lunch</b> 12	<b>National Pizza Month</b> 13
<b>NO SCHOOL COLUMBUS DAY</b>	Cheeseburger w/WW bun Oven Baked Fries Broccoli Bites Diced Chilled Pears <b>Fruit and Veggie Bar</b>	Skowhegan Chicken Bowl Mashed Potatoes & Biscuit Cheesy Corn Mixed Fruit Medley <b>Fruit and Veggie Bar</b>	ME Steak n' Cheese Hoagie w/ Peppers & Onions Fresh Salad w/romaine Cool Cling Peaches - diced <b>Fruit and Veggie Bar</b>	Oven Baked Breakfast Pizza turkey sausage & cheese Steamy Green Peas Sweet Maine Apples <b>Fruit and Veggie Bar</b>
16	17	<b>National Pizza Month</b> 18	19	<b>Suspender's Day</b> 20
100% Beef Dogs w/ ww roll New England Baked Beans Mixed Pepper Strips Bright Yellow Banana <b>Fruit and Veggie Bar</b>	Chicken Cranberry Salad Wrap WG Pasta Salad w/Peppers Crunchy Baby Carrots Chilled Peaches <b>Fruit and Veggie Bar</b>	The Max™ Cheese Pizza or Yogurt & Fruit Parfait Fresh Greens w/Spinach Sweet Frozen Juice Pops <b>Fruit and Veggie Bar</b>	Chicken Filet w/WW Bun Sweet Potato Puffs Sweet Grape Tomatoes Bright Orange Smiles <b>Fruit and Veggie Bar</b>	Stuffed Baked Potatoes w/Cheese, Ham, Sour Cream Broccoli Bites & Roll Fresh Maine Apples <b>Fruit and Veggie Bar</b>
<b>Brunch for Lunch</b> 23	24	<b>National Pizza Month</b> 25	26	<b>Frankenstein Friday</b> 27
WG Pancakes and Syrup Yogurt Cup or Cheese Stick Snappy Green Beans Creamy Applesauce <b>Fruit and Veggie Bar</b>	Super Nachos w/ground beef and/or cheese & salsa Refried Beans & Rice Green Kiwi Slices <b>Fruit and Veggie Bar</b>	Personal Pan Pizza or Yogurt & Fruit Parfait Crisp Maine Cucumbers Diced Chilled Pears <b>Fruit and Veggie Bar</b>	Chicken Filet w/WW Bun Sweet Potato Fries Broccoli Trees Icy Cold Peaches <b>Fruit and Veggie Bar</b>	Hot Turkey Sandwich w/gravy & stuffing Orange Carrot Coins Cranberry Sauce <b>Fruit and Veggie Bar</b>
30	<b>Halloween</b> 31	1	2	<b>Sandwich Day</b> 3
Egg and Cheese on WG Croissant Bright Green Broccoli Sweet Mandarin Oranges <b>Fruit and Veggie Bar</b>	Dracula Dogs in a Coffin Jack-o-Lantern Bites Goblin Green Eyeballs Frozen Witches Brew <b>Fruit and Veggie Bar</b>	Caesar Chicken Tenders w/ Flatbread & Romaine Peas & Carrots Icy Cold Peaches <b>Fruit and Veggie Bar</b>	Simple Beef Stroganoff Crisp Sweet Corn Mixed Fruit w/grapes WG Breadstick <b>Fruit and Veggie Bar</b>	BBQ Pork w/WG Bun Cole Slaw New England Baked Beans Fresh Maine Apples <b>Fruit and Veggie Bar</b>

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."