

# MSAD #54 Health Curriculum

## **Mission Statement**

Develop knowledgeable, healthy, caring, global citizens of the 21<sup>st</sup> Century.

## **Narrative**

In June 2005, a committee of teachers and administrators revamped, revised, and rewrote the MSAD #54 K-6 health curriculum. Maine Learning Results theme and content matrices were developed. The theme matrix allows MSAD #54 students to learn about their physical, mental, emotional, and social aspects of health and provides knowledge and skills that enhance and promote lifelong healthy behaviors. The materials and resources selected lend themselves well to an interdisciplinary approach. Many objectives may be addressed through science and language arts activities.

There are 10 content areas mandated for comprehensive school health education by the Instructional Standards and Graduation Requirements of the 1984 Education Reform Act. The MSAD #54 health curriculum committee built the curriculum around the ten areas and linked it to Maine's *Learning Results*. The ten health areas include: Community Health; Environmental Health; Consumer Health; Personal Health - Physical, Emotional and Mental; Nutritional Health; Growth and Development; Family Life; Prevention and Control of Disease and Disorders; Safety and Accident Prevention; and Substance Use and Abuse.

The new curriculum and materials will go into effect as of September 2005. Teachers will receive hard copies of the new curriculum in addition to having access to the evolving curriculum located on the MSAD #54 web page.

## **Health Curriculum Committee Members**

Andrew McAuliff, Assistant Superintendent & Curriculum Coordinator

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