

SCOPE & SEQUENCE: Grades K-2 Health

Health Strand	Month	Kindergarten	Grade 1	Grade 2
Community Health Environmental Health	September	GBS Volume K Unit: How To Stay Safe Lesson #1: Safety Rules-Safety Helpers	GBS Volume 1 Unit: Look Out! Lesson #4: Who Knows The Rules	GBS Volume 2 Unit: Let's Stay Safe Lesson #3: Handling Common Emergencies
Safety and Accident Prevention	October	GBS Volume K Unit: How To Stay Safe Lesson #4: Safety In The Community Sexual Abuse Prevention - Home School Coordinator	GBS Volume 1 Unit: Look Out! Lesson #3: Fire Can Hurt You Sexual Abuse Prevention - Home School Coordinator	GBS Volume 2 Unit: Let's Stay Safe Lesson #1: Keep From Getting Hurt On The Street Sexual Abuse Prevention - Home School Coordinator
Prevention and Control of Disease and Disorders	November	GBS Volume K Unit: Keeping Clean And Healthy Lesson #1: Keeping You Clean And Healthy	GBS Volume 1 Unit: Get Well Soon Lesson #2: Germs	GBS Volume 2 Unit: Germs! They Make You Sick Lesson #2: Keeping Germs Out
Family Life	December	GBS Volume K Unit: The Family Team Lesson #1: What Is A Family	GBS Volume 2 Unit: Babies And How You Grew Lesson #3: Families Grow And Change, Too	GBS Volume 2 Unit: Babies And How You Grow Lesson #2: Families
Nutrition	January	GBS Volume K Unit: Adventure In Food Lesson #2: Healthful Or Less Healthful	GBS Volume 1 Unit: Why Do We Eat Lesson#3: What Is Healthful Food	GBS Volume 2 Unit: The Wide World Of Food Lesson #4: The Importance Of A Good Breakfast
Personal Health - Physical	February	GBS Volume K Unit: Every Day Play Lesson #3: Play Is Exercise Too Dental Health - School Nurse	GBS Volume 1 Unit: Run, Jump And Skip Lesson #2: Wonder Willie Dental Health - School Nurse	GBS Volume 2 Unit: Muscles In Motion Lesson#3: Muscles Work In Teams Dental Health - School Nurse
Personal Health - Mental and Emotional	March	GBS Volume K Unit: My Body Is Special	GBS Volume 1 Unit: Talk and Listen	GBS Volume 2 Unit: When I Feel Afraid

		Lesson #2: I Am Special Bullying - Home School Coordinator	Lesson #3: People Talk In Many Ways Bullying - Home School Coordinator	Lesson #1: Understanding And Coping With Fears Bullying - Home School Coordinator
Substance Use and Abuse	April	GBS Volume K Unit: No Drugs, No Way Lesson #1: What Is A Drug?	GBS Volume 1 Unit: All About Medicines Lesson #1: All About Medicines	GBS Volume 2 Unit: Drugs Are dangerous Lesson #2: Medicines Are Drugs, Too!
Growth and Development	May	GBS Volume K Unit: My Body Lesson #3: Taking Care Of My Body	GBS Volume 1 Unit: Run, Jump And Skip Lesson #3: Getting Better All the Time	GBS Volume 2 Unit: Babies And How You Grew Lesson #1: Growing And Changing
Consumer Health	June	GBS Volume K Unit: Adventure In Food Lesson #1: Food Needs For Life	GBS Volume 1 Unit: Drugs Are Dumb Lesson #2: No Smoking Please	GBS Volume 2 Unit: Let's Stay Safe Lesson #4: I Don't Hurt You, You Don't Hurt Me

SCOPE & SEQUENCE: Grades K-2 Health

SCOPE & SEQUENCE: Grades 3-4 Health

Health Strand	Month	Grade 3	Grade 4
Community Health Environmental Health	September	GBS Volume 3 Unit: Community Health Lesson #2: Your Community - Keep It Healthy	GBS Volume 4 Unit: Community Safety Lesson #2: How The Community Handles Conflict
Safety and Accident Prevention	October	GBS Volume 3 Unit: Safe At Home, Safe Away Lesson #2: Emergency Planners To The Rescue Sexual Abuse Prevention - Home School Coordinator	GBS Volume 3 Unit: Safe At Home, Safe Away Lesson #4: Say “No” To Danger Sexual Abuse Prevention - Home School Coordinator
Prevention and Control of Disease and Disorders	November	GBS Volume 3 Unit: Things You Might Catch Lesson #1: Being Sick	GBS Volume 4 Unit: Be Cool, Keep Clean Lesson #4: Looking Good, Feeling Great!
Family Life	December	GBS Volume 3 Unit: Your Family, My Family Lesson #3: A Very Special Person	GBS Volume 4 Unit: It’s My Body Lesson #4: Preventing Abuse
Nutrition	January	GBS Volume 3 Unit: Let’s Eat Lesson #4: Healthful Habits	GBS Volume 4 Unit: The Digestive System Lesson #3: It’s Your Choice Or Is It?
Personal Health - Physical	February	GBS Volume 4 Unit: Let’s Talk Teeth Lesson #3: Caring For Your Teeth	GBS Volume 4 Unit: Exercise Lesson #3: The Benefits Of Exercise
Personal Health - Mental and Emotional	March	GBS Volume 3 Unit: I Like Your Attitude Lesson #4: Attitudes At Home, School & Community Bullying - Home School Coordinator	GBS Volume 3 Unit: When Bodies Have Problems Lesson #3: Living With A Learning Difference Nutrition (Boys) - School Nurse Bullying - Home School Coordinator
Substance Use and Abuse	April	GBS Volume 3 Unit: Saying No To Smoking, Drinking & Drugs Lesson #1: Saying No To Smoking, Drinking & Drugs	GBS Volume 4 Unit: Stay Drug Free, Build Your Assets! Lesson #3: Making Smart Decisions Nutrition (Girls) - School Nurse

			Tar Wars Program - School Health Coordinator & Redington-Fairview General Hospital
Growth and Development	May	GBS Volume 4 Unit: Your Incredible Hearing Machine Lesson #1: Sound & The Ear	GBS Volume 4 Unit: It's My Body Lesson #3: In Tune With Your Emotions Growth & Development (Puberty) - School Nurse
Consumer Health	June	GBS Volume 3 Unit: Community Health Lesson #2: Your Community - Keep It Healthy	GBS Volume 4 Unit: No Smoking Lesson #2: Advertising & Other Influences On Your Behavior

SCOPE & SEQUENCE: Grades 3-4 Health

SCOPE & SEQUENCE: Grades 5-8 Health

Health Strand	Month	Grade 5	Grade 6
Community Health Environmental Health	September	GBS Volume 5 Unit: First Aid Facts Lesson #3: Your Community And How To Call for Help	GBS Volume 6 Unit: What Is Stress Lesson #4: Communities In Stress
Safety and Accident Prevention	October	GBS Volume 5 Unit: First Aid Facts Lesson #1: First Aid What, Who, When Sexual Harassment - Home School Coordinator	GBS Volume 6 Unit: Keep This Body Safe Lesson #1: Keep This Body Safe Sexual Harassment - Home School Coordinator
Prevention and Control of Disease and Disorders	November	GBS Volume 5 Unit: Love Your Lungs Lesson #2: Community Health & Diseases Of The Respiratory System	GBS Volume 6 Unit: Allergies & Asthma Lesson #3: Risks To Your Health & Safety
Family Life	December	GBS Volume 5 Unit: Danger Ahead: The Truth About Drugs Lesson #2: Drug Abuse & The Family	GBS Volume 6 Unit: The Reproductive System Lesson #4: Relationships
Nutrition	January	GBS Volume 5 Unit: You Are What You Eat Lesson #2: Life Cycle & Nutrition	GBS Volume 6 Unit: Eat Smart, Look Great Lesson #3: Eating Disorders
Personal Health - Physical	February	GBS Volume 5 Unit: Bones & Muscles: A Terrific Team Lesson #3: Physical Activity And Environment	GBS Volume 6 Unit: Addictions Lesson #2: The Pressures Around Us
Personal Health - Mental and Emotional	March	GBS Volume 5 Unit: Those Crazy, Mixed-Up Emotions Lesson #2: Your Emotions & Your Life Bullying - Home School Coordinator	GBS Volume 6 Unit: Addictions Lesson #3: Getting Help Bullying - Home School Coordinator
Substance Use and Abuse	April	GBS Volume 5 Unit: Danger Ahead: The Truth About Drugs Lesson #1: The Effects Of Use, Misuse, And Abuse Of Drugs	GBS Volume 6 Unit: Addictions Lesson #1: What Is Addiction?

Growth and Development	May	GBS Volume 5 Unit: Growing Up Lesson #3: Good Hygiene and Feeling Good About The Way You Look Growth & Development (Puberty) - School Nurse	GBS Volume 6 Unit: The Reproductive System Lesson #1: Growing Up Physically Growth & Development (Puberty) - School Nurse
Consumer Health	June	GBS Volume 5 Unit: All The Right Stuff Lesson #1: Don't Be Fooled By Advertising	GBS Volume 6 Unit: Eat Smart, Look Great Lesson #2: Consumer Skills & Meal Planning

Health Strand	Month	Grade 7	Grade 8
Community Health Environmental Health	September	To be completed in 2005/2006	[Hatched Area]
Safety and Accident Prevention	October		
Prevention and Control of Disease and Disorders	November		
Family Life	December		
Nutrition	January		
Personal Health - Physical	February		
Personal Health - Mental and Emotional	March		

Substance Use and Abuse	April		
Growth and Development	May		
Consumer Health	June		

SCOPE & SEQUENCE: Grades 5-8 Health