

RSU 54 School Breakfast Menu

May 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
30 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	1 <u>MAY DAY</u> Cereal Choice (1 G) or Blueberry Bread (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)	2 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	3 Cereal Choice (1 G) or Cheese Filled Mini Bagel (2G) Juice (1 F) or Fruit (1 F) Milk (1D)	4 <u>FUN FRIDAY BREAKFAST</u> Maple Waffles (2 G) or Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
7 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	8 Graham Cracker (1 G) Yogurt Cup (.5 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	9 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	10 Cereal Choice (1 G) or Warm Banana Bread (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)	11 Cereal Choice (1 G) or Blueberry Bread (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
14 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	15 Cereal Choice (1 G) or Cinnamon Crumb Cake (2G) Juice (1 F) or Fruit (1 F) Milk (1 D)	Early Release Day 16 Breakfast Break includes: Cereal (1 G) Juice (1 F) or Raisins (1 F) Milk (1 D)	17 Cereal Choice (1 G) or Cheese Filled Mini Bagel (2G) Juice (1 F) or Fruit (1 F) Milk (1D)	18 Maple Waffles (2 G) or Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
21 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	22 Cereal Choice (1 G) or Blueberry/Banana Muffin (2G) Juice (1 F) or Fruit (1 F) Milk (1 D)	23 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	24 Graham Cracker (1 G) Yogurt Cup (.5 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	25 <u>FUN FRIDAY BREAKFAST</u> Cereal Choice (1 G) or Breakfast Bar (1 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
Memorial Day 28 NO SCHOOL	29 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	30 Cereal Choice (1 G) or Breakfast Rounds (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)	31 Cereal Choice (1 G) or Tutti Frutti Muffin (2G) Juice (1 F) or Fruit (1 F) Milk (1 D)	<u>JUNE</u> 1 Cereal Choice (1 G) or Warm Donut Ring (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) lowfat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) lowfat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."