

RSU 54 School Breakfast Menu

April 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Raisins (1 F) Milk (1 D)	3 Cereal Choice (1 G) Bagel w/cream cheese Juice (1 F) or Fruit (1 F) Milk (1 D)	4 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Raisins (1 F) Milk (1 D)	5 Cereal Choice (1 G) WG Cinnamon Roll (2 G) Juice (1 F) or Raisins (1 F) Milk (1 D)	6 Cereal Choice (1 G) Blueberry Bash Waffles (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
9 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Raisins (1 F) Milk (1D)	10 Cereal Choice (1 G) Breakfast Rounds (2 G) Juice (1 F) or Fruit (1 F) Milk (1D)	11 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Raisins (1 F) Milk (1D)	12 Cereal Choice (1 G) or Tutti Frutti Muffin (2G) Juice (1 F) or Fruit (1 F) Milk (1 D)	13 Cereal Choice (1 G) Warm Donut Ring (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)
16	17	18	19	20
<h1 style="font-size: 4em; margin: 0;">SPRING BREAK</h1>				
23 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Raisins (1 F) Milk (1 D)	24 Cereal Choice (1 G) Cinnamon Crumb Cake (2G) Juice (1 F) or Fruit (1 F) Milk (1D)	25 Graham Bites (1G) Yogurt Cup (.5 M/MA) Juice (1 F) or Raisins (1 F) Milk (1D)	26 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	27 Cereal Choice (1 G) Fruit - els Bites (2G) Juice (1 F) or Raisins (1 F) Milk (1D)
30 Cereal Choice (1 G) Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1D)	1 Cereal Choice (1 G) or Blueberry Bread (2 G) Juice (1 F) or Fruit (1 F) Milk (1 D)	2 Cereal Choice (1 G) String Cheese (1 M/MA) Juice (1 F) or Fruit (1 F) Milk (1D)	3 Cereal Choice (1 G) or Cheese Filled Mini Bagel (2G) Juice (1 F) or Fruit (1 F) Milk (1D)	4 <u>FUN FRIDAY BREAKFAST</u> Maple Waffles (2 G) or Cereal Choice (1 G) Juice (1 F) or Fruit (1 F) Milk (1 D)

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) lowfat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) lowfat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."