



SAHS AFTER SCHOOL PROGRAM

OVERVIEW

The After School Program is in its third year here at in MSAD54. Our goal is to enrich the lives of a regularly attending group of students by spending two quality hours together doing fun activities not possible in a normal school day. This year's program will be different in several aspects, as we focus on smaller group activities with more staff engagement and interaction with the students. The program is open to all **students who can commit to attending 30 times or more** during the school year. Students will have a voice in shaping the activities offered.

PROGRAMMING

The program offers a wide variety of activities throughout the school year in the goal areas of:

- academic enrichment in & outside the classroom
- physical activity, teamwork, wellness, healthy lifestyles & positive self-image
- cultural awareness, music, arts, dance & drama
- community service opportunities, clean-up projects, volunteering
- parental engagement and family educational opportunities

WHEN

The program runs Monday through Thursday from the end of school until 4:45 or 4:50. Bussing is provided at that time for ASP students on a limited bus run. Depending on the nature of the activity, there will be one or two activities offered each day. A healthy snack is provided during the program at no charge.

WHERE

We meet in the cafeteria at 2:45 and break into smaller groups for activities inside and outside of the school building, and mostly around the school campus. Depending on weather in the spring and fall, we have regular use of kayaks on the Kennebec river, mt. biking on the school xc trails and around town. In the winter we offer xc and alpine skiing (at Eaton or Titcomb) and snowshoeing. When bussing is available we take the students out into the community for volunteering projects and community service, and incentive field trips for regular attendees. Weekend incentive trips offered include Sugarloaf USA in March and Whitewater Rafting in the Forks in June.

HOW TO JOIN

ASP registration contracts are available from Mr Goodwin, Mr Gin, and on the new ASP bulletin board near Mr Wilson's office. The staff will also be speaking directly to the students and teachers, and calling home to speak to parents as a follow-up.

For more information contact, or the SAHS site coordinator Jim Goodwin at jgoodwin@msad54.org or Grant Director Ron Bonnevie at rbonnevie@msad54.org

A 21st Century Grant supported program at Skowhegan Middle and High Schools