

SKOWHEGAN AREA HIGH SCHOOL
A GUIDE
PARENT-COACH COMMUNICATION

Skowhegan Area High School

TERRY MICHAUD, Athletic Director

61 Academy Circle, Skowhegan, Maine 04976
474-5511 ext. 5226

PARENT/STAFF COMMUNICATIONS

*Involvement requires commitment for students, parents, and coaches.
To be successful, communication must happen.*

COMMUNICATION YOU SHOULD EXPECT FROM YOUR STUDENT'S COACH

1. When and where are practice and contests.
2. What is the coach's philosophy.
3. What are the expectations that coach has for all the players on the squad as well as your student.
4. What is required to be a part of the team, i.e. fees, special equipment, off-season conditioning.
5. When your child is injured during participation.
6. Any discipline action of your child that results in removal from participation.

WHAT ARE APPROPRIATE CONCERNS TO DISCUSS WITH COACHES.

1. The treatment of your child, mentally and physically.
2. Skill improvement and development.

3. Concerns about your student's behavior.

WHAT THINGS ARE NOT APPROPRIATE TO DISCUSS WITH COACHES.

1. Playing time
2. Team Strategy
3. Play calling
4. Other student-athletes

COMMUNICATION COACHES EXPECT FROM PARENTS.

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Support towards the commitment of the program.
4. Be sure your student is at practice on time.
5. The night before a contest performance, maybe going to the all night concert is not a good idea.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH WHAT PROCEDURE SHOULD BE FOLLOWED.

1. Make an appointment with the coach.
2. If the coach cannot be reached, call the Athletic Director, Mr. Michaud, to set up a meeting.
3. Please do not attempt to confront a coach before, during, or following a contest or practice. These are emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION.

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting, the appropriate step can be determined.

We are continually attempting to improve our communication with the students and parents. For our programs to be truly successful, it is necessary that everyone involved understand the direction the program is headed. That understanding begins today.

CLASS

There are two ways to do anything in life—with class, or without class. Class doesn't make you any less a competitor, nor any less aggressive. You do not lose your edge by having class.

Class actually gives you an edge on your opponent. You have poise that will allow you to concentrate more, and by concentrating more, you'll win more

What is class?

It's something that's hard to define but easy to recognize. It's being a good person, always taking responsibility and showing consideration for the consequences your actions have for others. It's having humility, poise, confidence and, above all, tremendous pride.

Class people handle victory and defeat in the same way—graciously, with their heads held high. They do not brag in victory or make excuses in defeat.

“If you have class, you don't need much of anything else. If you don't have it, whatever else you have won't make up the difference.”

Fame, fortune, trophies, etc. are all fine, but they alone can't give you class. Only you can give yourself that—only you can give yourself class.

