

# RSU 54 School Lunch Menu

## December 2019

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2	3	4	5	6
Cheesy Pizza Crunchers w/Marinara Dipping Sauce Steamed Mixed Veggies Sweet Diced Peaches Fruit and Veggie Bar	Crispy Chicken Burger w/bun Steamy WG Rice Bright Green Broccoli Juicy Orange Wedges Fruit and Veggie Bar	Wacky Wednesday Waffles Warm Sausage Patties Whole Hash Brown Oval Fresh Local Apples Fruit and Veggie Bar	Beef Shepard's Pie w/potatoes and corn Fresh Kiwi Slices Warm WG Breadstick Fruit and Veggie Bar	BBQ Chicken Bites & Biscuit New England Baked Beans Sweet Grape Tomatoes Mixed Fruit - Pears Fruit and Veggie Bar
9	10	11	12	13
Baked Beef Burrito Refried Beans Mexican Corn Sweet Mixed Fruit Fruit and Veggie Bar	Cheesy Bosco Sticks™ w/Marinara Dipping Sauce Fresh Salad w/romaine Fresh Kiwi Slices Fruit and Veggie Bar	Chicka Boom Boom Sandwich Sweet Potato Waffle Fries Green Broccoli Bites Orange Smiles Fruit and Veggie Bar	Hot Meatball Hoagie *** Oven Roasted Potatoes Carrot & Celery Sticks Chilled Diced Pears Fruit and Veggie Bar	WG Pancakes & Sausage Yogurt Cup or Cheese Stick Fall Seasoned Carrots Applesauce Cups Fruit and Veggie Bar
16	17	18	19	20
WG Mini Corn Dogs Sweet Potato Puffs Green Broccoli Bites Granny Smith Apples Fruit and Veggie Bar	WG Breakfast Rounds with Yogurt Cup & String Cheese Steamed Mixed Veggies Strawberry Fruit Cup Fruit and Veggie Bar	Italian Pizza Crunchers w/Marinara Dipping Sauce Fresh Salad w/romaine Mixed Fruit - pears Fruit and Veggie Bar	<b>Holiday Meal</b> Roast Sliced Turkey w/gravy Steamy Mashed Potatoes Roasted Winter Squash Tangy Cranberry Sauce Fresh Baked Roll	Kitchen's Main Meal Choice Kitchen's Bean Choice Kitchen's Veggie Choice Kitchen's Fruit Choice Fruit and Veggie Bar
23	24	25	26	27

***Have a happy vacation! We will see you next year!***

30	31	1	2	3
<b><i>We will see you next year!</i></b>		<b><i>HAPPY NEW YEAR!</i></b>		Cheesy Pizza Crunchers w/Marinara Dipping Sauce Fresh Salad w/romaine Mixed Fruit - pears Fruit and Veggie Bar
				Crispy Chicken Burger w/bun Steamy WG Rice Bright Green Broccoli Juicy Orange Wedges Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."