


RSU 54 School Breakfast Menu

March 2024



Monday	Tuesday	Wednesday	Thursday	Friday
 <div>26</div> Breakfast Break includes: Cereal Juice or Fruit Milk	<div>27</div> Cereal Choice Assorted Breakfast Bread Juice or Fruit Milk	<div>28</div> Cereal Choice Homemade Apple Muffin Juice or Fruit Milk	<div>29</div> Cereal Choice Fresh Hot Cinnamon Buns Juice or Fruit Milk	<div>1</div> Cereal Choice Oatmeal Bun Juice or Fruit Milk
<div>4</div> National Cereal Choice Apple Fritter Juice or Fruit Milk	<div>5</div> School Cereal Choice Oven Fresh Blueberry Muffin Juice or Fruit Milk	<div>6</div> Cereal Choice Hot Cinnamon Roll Twist Juice or Fruit Milk	<div>7</div> Breakfast Cereal Choice Breakfast Sandwich Juice or Fruit Milk	<div>8</div> Week Cereal Choice French Toast Sticks Juice or Fruit Milk
<div>11</div> Cereal Choice Mini Stuffed Bagel Juice or Fruit Milk	<div>12</div> Cereal Choice Waffle Sticks w/ Syrup Juice or Fruit Milk	<div>13</div> Cereal Choice Yogurt Parfait w/granola Juice or Fruit Milk	<div>14</div> Cereal Choice Oven Fresh Breakfast Rounds Juice or Fruit Milk	<div>15</div> <div>Teacher's Workshop</div>
<div>18</div> Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk	<div>19</div> Cereal Choice Breakfast Sandwich Juice or Fruit Milk	<div>20</div> Cereal Choice Pancake Bites w/ yogurt cup Juice or Fruit Milk	<div>21</div> Cereal Choice Hot Homemade Muffin Juice or Fruit Milk	<div>22</div> Cereal Choice Kitchen Choice Juice or Fruit Milk
<div>25</div> Cereal Choice Dunking Stick Juice or Fruit Milk	<div>26</div> Cereal Choice Glazed Donut Juice or Fruit Milk	<div>27</div> Cereal Choice Hot Homemade Muffin Juice or Fruit Milk	<div>28</div> Cereal Choice Breakfast Sandwich Juice or Fruit Milk	<div>29</div> Cereal Choice Kitchen Choice Juice or Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSC

"This institution is an equal opportunity provider."