

School Lunch Menu ~ National Pizza Month

October 2019

Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Sausage Pancake on a Stick Yogurt Cup or Cheese Stick Roasted Green Beans Creamy Fall Applesauce Fruit and Veggie Bar	Sloppy Joe /WG Bun Crispy French Fries Tangy Confetti Cole Slaw Fresh Maine Apples Fruit and Veggie Bar	National Pizza Month Individual French Bread Pizza Crisp Maine Cucumbers Sweet Pineapple Chunks Fruit and Veggie Bar	Protein Packed Bistro Box (shredded cheese/egg/ham) Cucumber & Tomatoes Chewy WG Bagel Fruit and Veggie Bar	World Smile Day Chicken Filet w/WW Bun Smile Emoji Potatoes Orange Smiles Fruit and Veggie Bar
Baked Mini Corn Dogs New England Baked Beans Fresh Salad w/romaine Bright Yellow Banana Fruit and Veggie Bar	Cheeseburger w/WW bun Oven Baked Fries Broccoli Bites Diced Chilled Pears Fruit and Veggie Bar	Skowhegan Chicken Bowl Mashed Potatoes & Biscuit Cheesy Corn Mixed Fruit Medley Fruit and Veggie Bar	Cheesy Chicken Quesadilla w/ Peppers & Onions Fresh Salad w/romaine Cool Cling Peaches - diced Fruit and Veggie Bar	National Pizza Month Oven Baked Breakfast Pizza Turkey bacon & cheese Steamy Green Peas Sweet Maine Apples Fruit and Veggie Bar
Celebrate 14	National 15	School 16	Lunch 17	Week 18
NO SCHOOL COLUMBUS DAY	Pepperoni Pizza Bake w/Pasta and Roll Crunchy Baby Carrots Chilled Peaches Fruit and Veggie Bar	Kuna Hawaiian Pizza or Yogurt & Fruit Parfait Fresh Greens w/Spinach Sweet Frozen Raspberry Cups Fruit and Veggie Bar	Chicken Filet w/WW Bun Roasted Potato Sweet Grape Tomatoes Bright Orange Smiles Fruit and Veggie Bar	BBQ Pork w/WG Bun Crispy French Fries Tangy Confetti Cole Slaw Fresh Maine Apples Fruit and Veggie Bar
Brunch for Lunch 21	22	National Pizza Month 23	24	Frankenstein Friday 25
WG Pancakes and Syrup Yogurt Cup or Cheese Stick Snappy Green Beans Creamy Applesauce Fruit and Veggie Bar	Super Shredded Pork Nachos and/or cheese & salsa Refried Beans & Rice Green Kiwi Slices Fruit and Veggie Bar	Personal Pan Pizza or Yogurt & Fruit Parfait Crisp Maine Cucumbers Diced Chilled Pears Fruit and Veggie Bar	Pasta w/Red Sauce Fresh Salad w/romaine Cool Cling Peaches - diced Warm Cheesy Garlic Stick Fruit and Veggie Bar	Hot Turkey Sandwich w/gravy & stuffing Orange Carrot Coins Cranberry Sauce Fruit and Veggie Bar
Breakfast Sammy 28	29	National Pizza Month 30	Halloween 31	Sandwich Day 1
Egg and Cheese on Warm Biscuits Bright Green Broccoli Sweet Mandarin Oranges Fruit and Veggie Bar	School Chicken Rice Soup w/ Cheesy Bosco™ Sticks Mixed Fruit w/grapes WG Breadstick Fruit and Veggie Bar	BBQ Chicken Pizza Cheese Pizza Crisp Maine Cucumbers Diced Chilled Pears Fruit and Veggie Bar	Spooky Dracula Dogs w/Coffins Sweet Jack-o-Lantern Bites Tiny Goblin Green Eyeballs Frozen Pink Witches Brew Fruit and Veggie Bar	Turkey Italian Sub Crispy French Fries New England Baked Beans Fresh Maine Apples Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."