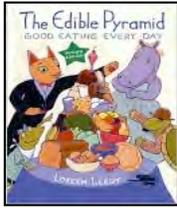


**Attention classroom teachers! The following children's books on various health related topics (mainly nutrition) are available for you to use. If you would like to borrow one or more of these storybooks, please contact: Velda Yamashiro, School Health Coordinator to sign out the books.**

**Stay tuned for more books...**



***The Edible Pyramid***  
***Good Eating Everyday***

Written and Illustrated by Loreen Leedy

Grade Level: PreK -3

This book is updated to reflect recommendations offered by the USDA in its 2005 MyPyramid food guide and the latest research on nutrition. In the story, a group of elegantly dressed animals arrive for the grand opening of a new restaurant. A tuxedo-clad cat serves as host and introduces the menu as it relates to the vertical stripes on the pyramid.....Heightened awareness of the need for healthier diets and increased exercise to combat childhood obesity makes this story a very useful classroom tool.



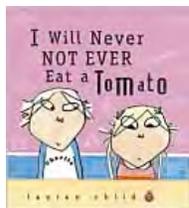
***Growing Vegetable Soup***

Written and Illustrated by Lois Ehlert

Grade Level: PreK-3

Together, a father and child share the joys of planting, watering, and watching seeds grow. And once their harvest of tomatoes, potatoes, cabbage, and corn is ready, they'll cook it up into the best soup ever!

Lois Ehlert's bright, graphic art and simple text make this vibrant board book a perfect read-aloud for budding gardeners and their families.

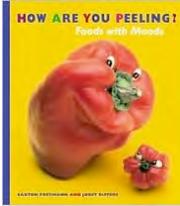


***I Will Never Not Ever Eat a Tomato***

By Lauren Child

Grade Level PreK-3

In this quirky, clever, fantastically funny story, Charlie uses his imagination to convince his little sister Lola -- who is a very fussy eater -- to eat. She won't eat her carrots -- until Charlie reveals that they are really "orange twiglets from Jupiter." She won't eat her mashed potatoes -- until Charlie explains they are "cloud fluff from the pointiest peak of Mount Fuji." And Lola will never -- not ever -- eat a tomato. Or will she? Children will recognize determined young Lola and cheer for inventive Charlie in this fabulous smorgasbord of fun!



### ***Foods With Moods***

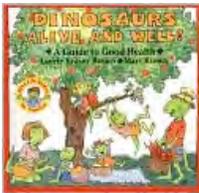
By Saxton Freymann and Joost Elfers

Brief text and color photographs of carvings made from vegetables introduce the world of emotions by presenting leading questions such as "Are you

feeling angry?"

Annotation

Brief text and photographs of carvings made from vegetables introduce the world of emotions by presenting leading questions such as "Are you feeling angry?"



### ***Dinosaurs Alive and Well! A Guide to Good Health***

By Laurie Krasny Brown and Marc Brown

Grade Level: PreK-4

Here is a unique guide that gives young children a head start on establishing healthy habits that will last a lifetime. Inside there are lots of terrific tips on how to exercise your body and your mind, what foods are good for you to eat, what to do if you're tense or worried, how to be a friend, what to do when you get sick, and how to feel good about yourself, inside and out!



### ***Blue Potatoes, Orange Tomatoes***

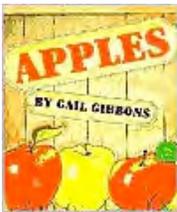
Written by Rosalind Creasy

Illustrated by Ruth Heller

Grade Level: K-8

Tomatoes are red, corn is yellow, and string beans are green. Or are they? Actually, lots of familiar foods grow in a rainbow of surprising colors. Imagine trying an orange tomato, red popping corn, or purple string beans for a change.

This lively introduction to the joys of organic gardening covers everything you need to know in order to grow a cornucopia of fruits and vegetables in unexpected colors



### ***Apples***

By Gail Gibbons

Grade Level: PreK-4

Explains how apples were brought to America, how they grow, their traditional uses and cultural significance, and some of the varieties grown.



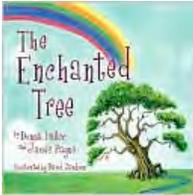
***Janey Junkfood's Fresh Adventure  
Making Good Eating Great Fun!***

Written by Barbara Storper, MS, RD

Illustrated by Frances E. Schneid

Grade Level: K-6

Highly illustrated children's book designed to help kids get off the junk food track and make good eating great fun. In a colorful scrapbook format, readers follow Ace Food Detective Tobe Fit as she discovers the missing ingredient to Janey's juggling success - healthy eating habits. 14 fun snack recipe cards plus web activities are included.



***The Enchanted Tree***

Written By: Donna Heller and James Payne

Illustrated By: David Zamboni

Grade Level: PreK-3

Flossie Flamingo and her friends discover a magical tree, a rainbow, and learn the importance of both healthy eating and exercise. You will enjoy reading this fully illustrated book from start to finish.