

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Archery

Grade: 9- Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G1. Stability and Force

I1. Cooperative Skills

I2. Responsible Behavior

I3. Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G1 Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>c. Adjust movements to accommodate external forces that decrease risk for injury.</p> <p>I1 Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in physical activities.</p> <p>a. Accept constructive feedback. b. Give constructive feedback. c. Include peers respectfully in activities.</p> <p>I2 Responsible Behavior</p> <p>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</p> <p>I3 Safety Rules and Rules of Play</p> <p>a. Explain how etiquette/rules contribute to productive participation.</p>	<p>Students will:</p> <p>Learn the History of Archery.</p> <p>Learn to shoot a compound bow.</p> <p>Learn about safety procedures for archery.</p> <p>Learn to work collaboratively in archery competition.</p>	<p>Lesson 1</p> <p>History, parts of the bow and arrow, uses, terminology and proper safety procedures.</p> <p>Activities: Archery Master Sheet</p> <p>Assessment: Pre-test</p> <p>Lesson 2</p> <p>Grip, draw, stance and anchor and release.</p> <p>Activities:</p> <p>Assessment: Archery Master Sheet</p> <p>Lesson 3</p> <p>Shooting at the target</p> <p>Activities: Archery Master Sheet</p> <p>Assessments: Observation and unit test.</p> <p>Resources: NASP</p>