

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Team Handball – Single Day Lesson

Grade: 9- Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicators:

G1 Stability and Force

G2 Movement Skills

I1 Cooperative Skills

I2 Responsible Behavior

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G1 Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>a. Demonstrate how spin and rebound affect the motion of an object.</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>G2 Movement Skills</p> <p>Students demonstrate a variety of <i>specialized movement skills</i> specific to a game/physical activity while participating in a game/physical activity.</p> <p>I1 Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in physical activities.</p> <p>a. Accept constructive feedback. c. Include peers respectfully in activities.</p> <p>I2 Responsible Behavior</p> <p>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</p>	<p>Students will:</p> <p>Learn the rules and skills to play the game of Team Hand Ball.</p>	<p>Lesson 1.</p> <p>Show video of team hand ball, review rules and court positions and players roles. Begin modified game play.</p> <p>Activity – Game Play</p> <p>Assessment - Informal</p>