



RSU 54 BIC School Breakfast Menu

May 2022



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Cereal Choice Juice or Dried Fruit Milk	3 Cinnamon Bread Juice or Dried Fruit Milk	4 Cereal Choice Juice or Dried Fruit Milk	5 Frudel Juice or Dried Fruit Milk	6 Cereal Choice Juice or Dried Fruit Milk
9 Graham Cracker (1 G) Yogurt Cup or Fruit Cup Juice or Dried Fruit Milk	10 Breakfast Round Juice or Dried Fruit Milk	11 Early Release Breakfast Break includes: Cereal Juice or Dried Fruit Milk	12 Cereal Choice Juice or Dried Fruit Milk	13 Blueberry Muffin Juice or Dried Fruit Milk
16 Cereal Choice Juice or Dried Fruit Milk	17 Cinnamon Crumb Cake (2G) Juice or Dried Fruit Milk	18 Cereal Choice Juice or Dried Fruit Milk	19 Bagel w/ cream cheese or peanut butter Juice or Dried Fruit Milk	20 Cereal Choice Juice or Dried Fruit Milk
23 Strawberry Pop tart Juice or Dried Fruit Milk	24 Cereal Choice Juice or Dried Fruit Milk	25 Breakfast Rounds Juice or Dried Fruit Milk	26 Cereal Choice Juice or Dried Fruit Milk	27 Breakfast Bar Juice or Dried Fruit Milk
30 Memorial Day NO SCHOOL	31 Breakfast Break includes: Cereal Juice or Dried Fruit Milk	1 Blueberry Bagel Juice or Dried Fruit Milk	2 Cereal Choice Juice or Dried Fruit Milk	3 Uncrustable Juice or Dried Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."