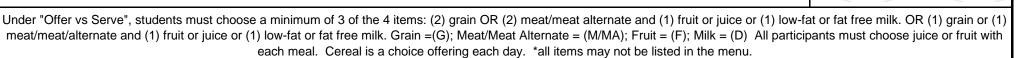


RSU 54 BIC Breakfast Menu December 2020



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Breakfast Break	UBR Breakfast Round	Blueberry Muffin Top	Cereal Bar	Warm Donut Holes
Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)
		or Cereal		or Cereal
Milk (1 D)	Milk (1D)	Milk (1 D)	Milk (1 D)	Milk (1D)
7	8	9	10	11
Breakfast Break	Banana Bread (2G)	Frudel	Cinnamon Crumb Cake (2G)	Benefit Bar (2 G)
includes: Cereal (1G)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Raisins (1 F)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)
Juice (1 F) or Fruit (1 F)		or Cereal		or Cereal
Milk (1D)	Milk (1 D)	Milk (1 D)	Milk (1 D)	Milk (1D)
14	15	16	17	18
	Breakfast Break	Banana Muffin (2 G)	Bagel w/ cr.cheese or peanut butter	Uncrustable (1G)
No School	includes: Cereal (1G)	Juice (1 F) or Raisins (1 F)	Juice (1 F) or Fruit (1 F)	Juice (1 F) or Fruit (1 F)
Teacher's workshop	Juice (1 F) or Fruit (1 F)	or Cereal		or Cereal
	Milk (1D)	Milk (1 D)	Milk (1 D)	
21	22	23	24	25
Breakfast Break	Kitchen Grain Choice			
includes: Cereal (1G)	Kitchen Fruit Choice	Hammy Winter Break		
Juice (1 F) or Fruit (1 F)		Happy Winter Break		
Milk (1D)	Milk (1D)			
28	29	30	31	1

Enjoy See you next year



A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."