



RSU 54 BIC School Breakfast Menu

February 2021

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Apple Frudel Wrap Juice or Dried Fruit Milk	2 Cinnamon Crumb Cake Juice or Dried Fruit Milk	EARLY RELEASE 3 Speedy Breakfast Break includes: Cereal Juice or Dried Fruit Milk	4 Tutti Frutti Muffin Juice or Dried Fruit Milk	<u>FUN FRIDAY BREAKFAST</u> 5 Donut Ring Juice or Dried Fruit Milk
8 Cereal Choice Juice or Dried Fruit Milk	9 Breakfast Rounds Juice or Dried Fruit Milk	10 Blueberry Muffin Juice or Dried Fruit Milk	11 Warm Banana Bread Juice or Dried Fruit Milk	<u>FUN FRIDAY BREAKFAST</u> 12 Kitchen Breakfast Choice Juice or Dried Fruit Milk
15 	16	17	18	19 
22 Speedy Breakfast Break includes: Cereal Juice or Dried Fruit Milk	23 Cheese Filled Mini Bagel Juice or Dried Fruit Milk	24 Mini Maple Waffles Juice or Dried Fruit Milk	25 Breakfast Rounds Juice or Dried Fruit Milk	<u>FUN FRIDAY BREAKFAST</u> 26 PB & J uncrustable Juice or Dried Fruit Milk

Happy Vacation

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."