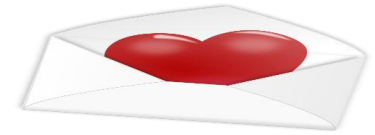




RSU 54 School Breakfast Menu

February 2021



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Cereal Choice Tutti Frutti Muffin Juice or Fruit Milk	2 Cereal Choice Cheese Filled Mini Bagel Juice or Fruit Milk	3 EARLY RELEASE Breakfast Break includes: Cereal Juice or Fruit Milk	4 Cereal Choice Overnight Oats Juice or Fruit Milk	5 FUN FRIDAY BREAKFAST Cereal Choice Warm Donut Ring Juice or Fruit Milk
8 Cereal Choice Breakfast Rounds Juice or Fruit Milk	9 Cereal Choice Homemade Blueberry Muffin Juice or Fruit Milk	10 Cereal Choice Apple Frudel Wrap Juice or Fruit Milk	11 Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk	12 FUN FRIDAY BREAKFAST Cereal Choice Kitchen Breakfast Choice Juice or Fruit Milk
15 	16 Happy Vacation 3 Day Home Meal Delivery 16th & 18th	17	18	19 
22 Breakfast Break includes: Cereal Juice or Fruit Milk	23 Cereal Choice Assorted Breakfast Bread Juice or Fruit Milk	24 Cereal Choice Homemade Apple Muffin Juice or Fruit Milk	25 Cereal Choice Breakfast Rounds Juice or Fruit Milk	26 FUN FRIDAY BREAKFAST Cereal Choice Mini Cinni Bun Juice or Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain = (G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."