

MSAD #54 Curriculum

Content Area: PE
Unit: Frisbee

Grade: K-2
MLR Span: K-2

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

- I. Performance Indicator: **Personal and Social Skills and Knowledge:** Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G4 Skill Improvement

I1 Cooperative Skills

I2 Responsible Behavior

I3 Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G4 Skill Improvement</p> <p>I1 Cooperative Skills Students demonstrate taking turns and sharing while participating in physical activities.</p> <p>I2 Responsible Behavior Students follow procedures for safe behaviors, including maintaining appropriate personal space, while participating in physical activities.</p> <p>I3 Safety Rules and Rules of Play Students identify safety rules and rule of play for games/physical activities.</p>	<p>Students will:</p> <p>Student will understand and execute Frisbee throwing and catching skills.</p> <p>Students will toss a Frisbee at a non-moving target.</p>	<p>Lesson 1. Throwing and Catching</p> <p>Activities:</p> <ul style="list-style-type: none"> -Forehand Throw -Backhand Throw -Catching Stationary -Catching while moving <p>Assessment: Formative</p> <p>Lesson 2.</p> <ul style="list-style-type: none"> -Throwing at a target <p>Assessment: Formative</p>