



RSU 54 School Lunch Menu

May 2023



All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Parfait Day 1 Waffle Sticks Chocolate Parfait Celery Sticks Sliced Strawberries Fruit and Veggie Bar	2 Creamy Chicken Carbonara w/ Ham and Peas Biscuit Blueberry Crisp Fruit and Veggie Bar	3 Popcorn Chicken Bowl w/ cheesy corn & potatoes Warm WG Roll Diced Pears Fruit and Veggie Bar	Orange Juice Day 4 BBQ Pulled Pork w/ Bun Coleslaw Diced Carrots Orange Juice Fruit and Veggie Bar	School Lunch Hero Day 5 Chicken Fajita Mexican Corn w/ Black Beans Cinnamon Churro Mixed Fruit Fruit and Veggie Bar
8 French Toast Yogurt Cup and Sausage Links Green Peas Diced Peaches Fruit and Veggie Bar	9 Teriyaki Chicken Bowl Whole Grain Rice Steamed Broccoli Mixed Fruit Fruit and Veggie Bar	Early Release Day 10 Crispy Chicken Burger w/bun Carrot & Celery Sticks Fresh Apple Fruit and Veggie Bar	11 American Chop Suey Tossed Salad w/ Romaine Warm Garlic Dinner Roll Diced Pears Fruit and Veggie Bar	Hummus Day 12 Hot Ham & Cheese Flatbread Hummus w/ Veggie Sticks Tomato Soup Kiwi Fruit and Veggie Bar
Chocolate Chip Day 15 Oven Roasted Chicken Mashed Potatoes & Green Peas Chocolate Chip Cookie Diced Peaches Fruit and Veggie Bar	16 Breakfast Croissant Sausage, Egg & Cheese Broccoli Fresh Strawberries Fruit and Veggie Bar	17 Macaroni & Cheese Boats w/Beef Frank Roasted Green Beans Fresh Pear Fruit and Veggie Bar	18 Walkin' Taco Beef or Chicken Sour Cream, Tomatoes Black Bean Salsa, lettuce Orange Fruit and Veggie Bar	Pizza Party Day 19 Good Crust Pizza Pepperoni or Cheese Cucumber, Broccoli, Carrot Salad Apple Fruit and Veggie Bar
22 WG Pancakes w/ Sausage Scrambled Eggs Warm Diced Carrots Warm Applesauce Slices Fruit and Veggie Bar	23 Ravioli w/Meat sauce WG Buttery Garlic Roll Tossed Salad w/baby spinach Peaches Fruit and Veggie Bar	24 French Bread Pizza Sun Chips Steamed Broccoli Pears Fruit and Veggie Bar	25 Chicken & Gravy Mashed Potatoes Seasoned Peas Kiwi Fruit and Veggie Bar	26 Cheeseburger w/ Bun w/ Lettuce and Tomato Sweet Baked Beans Kitchen Fruit Choice Fruit and Veggie Bar
Memorial Day No School Fruit and Veggie Bar	30 Cheesy Bosco™ Breadsticks w/dipping sauce Tossed Salad w/ Romaine Chilled Mixed Fruit Fruit and Veggie Bar	31 Southwest Taco Pie Whole Grain Rice Corn Pineapple/ Mandarin Oranges Fruit and Veggie Bar	1 Popcorn Chicken Pasta Salad w/Rainbow Veggies Crunchy Bonzo Beans Diced Pears Fruit and Veggie Bar	2 Philly Chicken Sandwich w/peppers & onions Sweet Potato Fries Kitchen Fruit Choice Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."

