

RSU 54 School Breakfast Menu

May 2024



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
29 Cereal Choice Stuffed Bagel Juice or Fruit Milk	30 Cereal Choice Scrambled Eggs with Sausage Juice or Fruit Milk	1 Cereal Choice Strawberry Blueberry Parfait Juice or Fruit Milk	2 Cereal Choice Homemade Blueberry Muffin Juice or Fruit Milk	3 Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk
6 Cereal Choice Juice or Dried Fruit Milk	7 Cereal Choice French Toast Sticks Juice or Fresh Fruit Milk	8 Early Release Breakfast Break includes: Cereal Juice or Dried Fruit Milk	9 Cereal Choice Apple Fritter Juice or Dried Fruit Milk	10 Cereal Choice Yogurt Bowl w/ Fruit Juice or Fresh Fruit Milk
13 Cereal Choice Juice or Dried Fruit Milk	14 Cereal Choice Homemade Muffin Juice or Fresh Fruit Milk	15 Cereal Choice Croissant Breakfast Sandwich Juice or Fresh Fruit Milk	16 Cereal Choice Fresh Hot Cinnamon Roll Juice or Dried Fruit Milk	17 Cereal Choice Caramel Stuffed Bagel Juice or Fresh Fruit Milk
20 Cereal Choice Juice or Dried Fruit Milk	21 Cereal Choice Hot Apple Crisp w/ Yogurt Juice or Fresh Fruit Milk	22 Cereal Choice Pancakes Juice or Dried Fruit Milk	23 Cereal Choice Warm UBR Juice or Dried Fruit Milk	24 Cereal Choice Cook's Choice Juice or Fresh Fruit Milk
27 Memorial Day	28 Breakfast Break includes: Cereal Juice or Dried Fruit Milk	29 Cereal Choice Pancakes w/ Blueberries Juice or Fresh Fruit Milk	30 Cereal Choice Chocolate or Blueberry Muffin Juice or Fresh Fruit Milk	31 Cereal Choice Fresh Warm Donut Juice or Fresh Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."