## **RSU 54 School Lunch Menu**



## All kids eat free, stop by for all 5 or leave with at least 3





				316
Monday	Tuesday	Wednesday	Thursday	Friday
28	29	Oatmeal Cookie Day 30	1	School Lunch Hero Day 2
French Bread Pizza	Quesadilla	Pizza	Shaved Steak Sub	
Scrambled Eggs	Chicken Fajita	Chicken Nuggets	American Chop Suey	School Made Pizza
Yogurt cup	Roasted Peppers & Onions	Cheesy Mashed Potatoes	Garlic Bread Stick	Cheese, Pepperoni or Ham
Toasted Bagel	Cilantro Lime Rice	Sweet Peas	Fresh Garden Salad w/edamame	Cucumber & Tomato Salad
Diced Carrots	Sweet Corn	Warm Cinnamon Applesauce	Crisp Apples	Blueberry Crumble
Mandarin Oranges	Diced Pears	Oatmeal Cookie		
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
5	6	7	8	٤
Breakfast Sandwich	Quesadilla	Pizza Crunchers	Pizza	Crispy Chicken Burger w/bun
French Toast	Walkin' Taco- Beef	Philly Chicken Sandwich	"MSAD" Chicken Nugget Bowl	French Bread Pizza
Sausage Links	Sour Cream, Tomatoes	w/peppers & onions	Mashed Potatoes	Baked Chips
Steamed Carrots	Black Bean Salsa, lettuce	Sweet Potato Fries	Seasoned Corn	Steamed Broccoli
Cinnamon Apple slices	Diced Pears	Diced Pears	Cinnamon Applesauce	Diced Peaches
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
12	13	14	Chocolate Chip Day 15	Pizza Party Day 1
Breakfast Pizza	Pizza Crunchers	Cheeseburger w/ WG Bun	Chicken Nuggets	
Ham, Egg & Cheese Croissant	Pulled Pork Sandwich	Cheesy Mac & Cheese	Fish Sticks & Mashed Potato	"Big Daddy" Pizza
Roasted Green Beans	Coleslaw	Chicken Fingers	Roasted Broccoli	Pepperoni or Cheese
Baked Beans	Sweet Corn	Spring Mix & Spinach Salad	Chocolate Chip Cookie	Carrot & Celery Sticks
Orange Slices	Mixed Fruit	Fresh Melon	Crisp Apple	Fresh Pears
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
19	20	Strawberries and Cream Day 21	22	23
French Bread Pizza	Pizza Crunchers	Crispy Chicken Burger w/bun	Quesadilla	
Pasta w/ Meat Sauce	Mixed Berry Yogurt Parfait	Chicken & Gravy Mashed Potatoes	Cheesy Beef Quesadilla	School made Personal Pizza
Cheesy Garlic Bread	Frech Toast Bites	Flaky Biscuit	WG Rice w/ Black beans	Sun Chips
Garden Salad	Grape Tomatoes	Cook's Veggie Choice	Seasoned Corn	Seasoned Diced Carrots
Applesauce	Banana	Strawberry Shortcake w/ Cream	Cook's Fruit Choice	Mixed Fruit
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
26	27	28	29	30
	Corn Dog	Pizza	Cook's 2nd Choice	
Memorial Day	Chicken Carbonara	Cheeseburger w/ Bun	Turkey Italian w/WG Sub Roll	Cheesy Bosco Breadsticks
	Garlic Bread Stick	Pasta Salad w/Rainbow Veggies	Chips w/ Salsa	w/dipping sauce
No School	Sweet Peas	Sweet Baked Beans	Cucumber Sticks	Tossed Salad w/ Romaine
NO SCHOOL	Chilled Mixed Fruit	Blueberries	Diced Pears	Diced Peaches
	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
A Low Eat or Skim Milk - Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC.				

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"This institution is an equal opportunity provider."