

RSU 54 School Breakfast Menu

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
29 Cereal Choice or Pop Tart Juice or Dried Fruit Milk	30 Cereal Choice or Warm Cinnamon UBR Juice or Dried Fruit Milk	31 Cereal Choice or Waffles Sticks Juice or Dried Fruit Milk	1 Cereal Choice or Homemade Muffin Choice Juice or Dried Fruit Milk	2 Cereal Choice or Oatmeal Bun Juice or Dried Fruit Milk
5 Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk	6 Cereal Choice Homemade Blueberry Muffin Juice or Fruit Milk	7 Cereal Choice Yogurt Cup w/Graham Crackers Juice or Fruit Milk	8 Cereal Choice Pancake on a Stick Juice or Fruit Milk	9 Cereal Choice Kitchen Breakfast Choice Juice or Fruit Milk
12 Cereal Choice Banana Bread Juice or Fruit Milk	13 Cereal Choice Toasted Bagel w/ Cream Cheese Juice or Fruit Milk	14 Cereal Choice Egg & Cheese Breakfast Sandwich Juice or Fruit Milk	15 Cereal Choice Oven Fresh Breakfast Rounds Juice or Fruit Milk	16 Cereal Choice Kitchen Breakfast Choice Juice or Fruit Milk
19 	202122 Happy Winter Break			23 
26 Breakfast Break includes: Cereal Juice or Fruit Milk	27 Cereal Choice Assorted Breakfast Bread Juice or Fruit Milk	28 Cereal Choice Homemade Apple Muffin Juice or Fruit Milk	29 Cereal Choice Fresh Hot Cinnamon Buns Juice or Fruit Milk	1 Cereal Choice Oatmeal Bun Juice or Fruit Milk
Milk (1 D)		Milk (1 D)	Milk (1 D)	Milk (1 D)
Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.				
A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSC				
"This institution is an equal opportunity provider."				