

RSU 54 School Breakfast Menu

May 2021

<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>		<i>Friday</i>	
3	Cereal Choice Juice or Dried Fruit Milk	4	Cereal Choice French Toast Sticks Juice or Dried Fruit Milk	5	Cereal Choice Juice or Fresh Fruit Milk	6	Cereal Choice Blueberry Muffin Top Juice or Dried Fruit Milk	7	Cereal Choice Cheese Filled Mini Bagel Juice or Fresh Fruit Milk
10	Cereal Choice Juice or Dried Fruit Milk	11	Cereal Choice Waffle Sticks Juice or Fresh Fruit Milk	Teacher's Workshop		13	Cereal Choice Breakfast Empanada Juice or Dried Fruit Milk	14	Cereal Choice Blueberry Bread Juice or Fresh Fruit Milk
17	Cereal Choice Juice or Dried Fruit Milk	18	Cereal Choice Homemade Muffin Juice or Fresh Fruit Milk	19	Cereal Choice Juice or Fresh Fruit Milk	20	Cereal Choice Breakfast Burrito w/sausage Juice or Dried Fruit Milk	21	Cereal Choice Bagel w/ cream cheese Juice or Fresh Fruit Milk
24	Cereal Choice Juice or Dried Fruit Milk	25	Cereal Choice Croissant Breakfast Sandwich Juice or Fresh Fruit Milk	26	Cereal Choice String Cheese (1 M/MA) Juice or Fresh Fruit Milk	27	Cereal Choice WG Bagel w/Crm Cheese (2 G) Juice or Fresh Fruit Milk	28	Cereal Choice Breakfast Bar Juice or Fresh Fruit Milk
Memorial Day NO SCHOOL		31	1	2	Cereal Choice Pancakes w/ Strawberries Juice or Fresh Fruit Milk	3	Cereal Choice Egg and Cheese Muffin Cup Juice or Fresh Fruit Milk	4	Cereal Choice Fresh Warm Donut Juice or Fresh Fruit Milk
Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.									
A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC									
"This institution is an equal opportunity provider."									