



RSU 54 School Lunch Menu

December 2022



All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheese Burger w/ WG Bun Baked Beans Diced Carrots Banana Fruit and Veggie Bar	29 Egg, Sausage, Cheese Croissant Hashbrown Green Beans Mandarin Oranges Fruit and Veggie Bar	30 Homemade Tomato Soup Toasted Cheese Sweet Corn Fresh Pears Fruit and Veggie Bar	1 Chicken Fillet on WG Bun Sweet Potato Fries Peas Sweet Peaches Fruit and Veggie Bar	2 Stuffed Crust Pizza Tomato Cucumber Salad Fresh Maine Apple Fruit and Veggie Bar
5 Chicken Bacon Ranch Pasta Warm Garlic Breadstick Steamed Broccoli Mixed Fruit Fruit and Veggie Bar	6 Tater Tot Egg & Cheese Bake Oven Toasted Cinnamon Bagel Grape Tomatoes Warm cinnamon Applesauce Fruit and Veggie Bar	7 Crispy Chicken Burger w/bun Creamy Coleslaw Veggie Sticks Banana Fruit and Veggie Bar	8 Chicken, Cheese & Rice Burrito Salsa, Black Beans Sweet Corn Pineapple Bites Fruit and Veggie Bar	9 French Bread Pizza Fresh Salad w/romaine Apple Fruit and Veggie Bar
12 WG Pancake Cheese Stick or Sausage Boston Baked Beans Blueberries Fruit and Veggie Bar	13 Hot Ham & Cheese Hoagie Cheetos Sweet Corn Mixed Fruit Fruit and Veggie Bar	14 Chicken Nuggets Sweet Potato Waffle Fries Broccoli Diced Pears Fruit and Veggie Bar	15 Holiday Meal Roast Turkey w/gravy Buttery Mashed Potatoes Steamed Diced Carrots Tangy Cranberry Sauce Fresh Baked Roll & Dessert	16 Cheesy Bosco Sticks™ w/Marinara Dipping Sauce Crunchy Veggie Sticks Apple Fruit and Veggie Bar
19 Pasta w/Red Sauce WG Cheesy Garlic Bread Steamed Broccoli Diced Chilled Pears Fruit and Veggie Bar	20 "Philly" Chicken Sub Diced Carrots Strawberry Cup Fruit and Veggie Bar	21 Big Daddy Pizza Asstd Vegetable, Black Bean Salad Crisp Apple Fruit and Veggie Bar	22 Kitchen's Main Meal Choice Kitchen's Veggie Choice Kitchen's Fruit Choice Fruit and Veggie Bar	23 <b style="background-color: yellow; padding: 10px;">Holiday Break
26	27	28	29	30



See you next year!



A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."