

RSU 54 School Lunch Menu

November 2023



All kids eat free, stop by for all 5 or leave with at least 3

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
30	HALLOWEEN 31	1	2	3
Waffle Sticks Potato Sausage Hash Steamy Broccoli Maine Blueberries Fruit and Veggie Bar	Spooky Dracula Dogs w/Coffins Candy Corn Veggies Frozen Pink Witches Brew Fruit and Veggie Bar	BBQ Pulled Pork Sub BBQ Baked Beans Creamy Coleslaw Banana Fruit and Veggie Bar	"54" Chicken Bowl Mashed Potatoes, Cheesy Corn Gravy & Biscuit Fresh Pears Fruit and Veggie Bar	Cheese Quesadilla Salsa & Sour Cream Crisp Maine Cucumbers Maine Apple Fruit and Veggie Bar
Nat'l Nacho Day 6	7	8	9	10
Quesadilla Beef & Cheese Nachos Corn & Black Bean Salsa Lettuce, Tomato, Sour Cream Diced Pears Fruit and Veggie Bar	Corn Dog Chicken Pot Pie Mixed Veggies Warm Homestyle Biscuit Banana Fruit and Veggie Bar	Chicken & Cheese Sub Homemade Tomato Soup Toasted Cheese Sweet Corn Fresh orange Fruit and Veggie Bar	Bosco Sticks Garden Salad w/Romaine Mixed Fruit Fruit and Veggie Bar	NO SCHOOL
13	14	15	*Holiday Meal* 16	17
Calzone Pancakes Sausage links Diced Carrots Blueberry Compote Fruit and Veggie Bar	Quesadilla Chicken Fajita w/ peppers & onions Mexican Rice w/ Black Beans Diced Pears Fruit and Veggie Bar	Chicken Nuggets Crunchy Fish Sticks Emoji Fries Steamed Broccoli Applesauce Cup Fruit and Veggie Bar	Oven Roasted Turkey Mashed Potatoes & Gravy Squash & Peas Stuffing & Fresh Baked Roll Kitchen Dessert Choice	Kitchen's Main Meal Choice Kitchen's Veggie Choice Kitchen's Fruit Choice Fruit and Veggie Bar
20	21	22	23	24
No School Fall Break				
27	Nat'l French Toast Day 28	29	30	1
Honey BBQ Wings Cheese Burger w/ WG Bun Potato Wedges Diced Carrots Banana Fruit and Veggie Bar	French Bread Pizza French Toast Hashbrown Sausage links Mandarin Oranges Fruit and Veggie Bar	BBQ Pork Rib Sub Shepard's Pie Mashed Potato, Sweet Corn Dinner Roll Fresh Pears Fruit and Veggie Bar	Pizza Crunchers Chicken Parmesan w/ Pasta Garlic Bread Stick Peas Pineapple Tidbits Fruit and Veggie Bar	Stuffed Crust Pizza Tomato Cucumber Salad w/ Chick Peas Fresh Maine Apple Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."