



School Lunch Menu ~ National Pizza Month October 2021



Students who choose a fruit, vegetable & milk = free meal

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 1
Cheesy Beef Burrito w/local lettuce & tomatoes Tangy Tomato & Bean Salsa Chilled Diced Peaches Fruit and Veggie Bar	Corn Dog Emoji Fries Baked beans Crunchy Fresh Pear Fruit and Veggie Bar	Chicken Nuggets & Mashed Potato w/ Biscuit Corn Apple Slices w/ cinnamon Fruit and Veggie Bar	Meatball Sub Sweet Potato Tots Green Peas Frozen 100% Juice Pops Fruit and Veggie Bar	Pizza Crunchers w/dipping sauce Steamed Corn Chilled Diced Pears Fruit and Veggie Bar
National Taco Day 4 Chicken Taco Bowl Whole Grain Rice Black Beans, Lettuce & Tomatoes Cool Cling Peaches - diced Fruit and Veggie Bar	Tater Tot Egg & Cheese Bake Sausage Links Toasted Bagel Warm Applesauce Fruit and Veggie Bar	Beef & Cheese Sandwich Peppers & Onions Roasted Broccoli & Cauliflower Orange Fruit and Veggie Bar	"54" Chicken Bowl Mashed Potatoes, Cheesy Corn Gravy & Biscuit Fresh Pears Fruit and Veggie Bar	French Bread Pizza Crisp Maine Cucumbers Crunchy Carrot Sticks Sweet Maine Apples Fruit and Veggie Bar
Celebrate 11 NO SCHOOL Indigenous People Day	National 12 Chicken Filet w/WW Bun Roasted Potato Wedges Sweet Grape Tomatoes Diced Chilled Peaches Fruit and Veggie Bar	School 13 BBQ Pulled Turkey Sub BBQ Baked Beans Creamy Coleslaw Banana Fruit and Veggie Bar	Lunch 14 Mac & Cheese boat w/Beef Frank and Roll Sweet Peas Green Kiwi Slices Fruit and Veggie Bar	Week 15 Nacho Pizza Chicken or Beef Carrot & Celery Sticks w/dip Crunchy Crisp Apples Fruit and Veggie Bar
18 Chicken Parmesan Sub Roasted Potato Wedges Romaine Salad w/Edamames Diced Chilled Peaches Fruit and Veggie Bar	19 Chilled Pizza Pasta Salad Warm Bread Stick w/Marinara Green Peas Orange Smiles Fruit and Veggie Bar	20 WG Pancakes and Syrup Yogurt Cup or Cheese Stick Crispy Hashbrown Creamy Applesauce Fruit and Veggie Bar	21 Broccoli Cheese Soup Warm Buttery Biscuit Steamy Broccoli Banana Fruit and Veggie Bar	22 Pepperoni Bosco Sticks w/Warm Dipping sauce Spinach & Tomato Salad Fresh Maine Apples Fruit and Veggie Bar
25 Pasta w/Red Sauce WG Garlic Rip stick Fresh Salad w/romaine Diced Chilled Pears Fruit and Veggie Bar	26 Grilled Cheese Tasty Tomato Soup Roasted Chick Peas Red Grapes Fruit and Veggie Bar	27 Meatball Hoagie Emojis Diced Carrots Juicy Ripe Pears Fruit and Veggie Bar	28 BBQ Chicken Pizza Cheese Pizza Crisp Maine Cucumbers Maine Apple Fruit and Veggie Bar	HALLOWEEN 29 Spooky Dracula Dogs w/Coffins or Candy Corn Parfait Tiny Goblin Green Eyeballs Frozen Pink Witches Brew Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Offered With Every Meal - **Menu is Subject to Change Without Notice** - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."