

RSU 54 School Breakfast Menu

May 2022

<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>		<i>Friday</i>	
2	Cereal Choice Juice or Dried Fruit Milk	3	Cereal Choice French Toast Sticks Juice or Dried Fruit Milk	4	Cereal Choice Juice or Fresh Fruit Milk	5	Cereal Choice Chocolate Muffin Top Juice or Dried Fruit Milk	6	Cereal Choice Warm UBR Juice or Fresh Fruit Milk
9	Cereal Choice Juice or Dried Fruit Milk	10	Cereal Choice Waffle Sticks Juice or Fresh Fruit Milk	11	Early Release Breakfast Break includes: Cereal Juice or Dried Fruit Milk	12	Cereal Choice Breakfast Empanada Juice or Dried Fruit Milk	13	Cereal Choice Homemade Blueberry Muffin Juice or Fresh Fruit Milk
16	Cereal Choice Juice or Dried Fruit Milk	17	Cereal Choice Homemade Muffin Juice or Fresh Fruit Milk	18	Cereal Choice Juice or Fresh Fruit Milk	19	Cereal Choice Breakfast Burrito w/sausage Juice or Dried Fruit Milk	20	Cereal Choice WG Bagel w/Cream Cheese Juice or Fresh Fruit Milk
23	Cereal Choice Juice or Dried Fruit Milk	24	Cereal Choice Croissant Breakfast Sandwich Juice or Fresh Fruit Milk	25	Cereal Choice Juice or Dried Fruit Milk	26	Cereal Choice Fresh Hot Cinnamon Roll Juice or Fresh Fruit Milk	27	Cereal Choice WG Bagel w/Cream Cheese Juice or Fresh Fruit Milk
Memorial Day NO SCHOOL	30	31	Breakfast Break includes: Cereal Juice or Dried Fruit Milk	1	Cereal Choice Pancakes w/ Blueberries Juice or Fresh Fruit Milk	2	Cereal Choice Egg and Cheese Bake Juice or Fresh Fruit Milk	3	Cereal Choice Fresh Warm Donut Juice or Fresh Fruit Milk
<p>Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.</p>									
<p>A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC</p>									
<p>"This institution is an equal opportunity provider."</p>									