



# RSU 54 School Lunch Menu

## May 2022



All kids eat free, stop by for all 5 or leave with at least 3



| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| 2<br>WG Pancakes w/ Sausage<br>Warm Diced Carrots<br>Chilled Applesauce<br><br><span style="color: red;">Fruit and Veggie Bar</span>                                | 3<br><b>World Tuna Day</b><br>Tuna Melt or Tuna Italian<br>Potato Dippers<br>Seasoned Peas<br>Diced Peaches<br><br><span style="color: red;">Fruit and Veggie Bar</span> | 4<br>Cheesy Bosco™ Breadsticks<br>w/dipping sauce<br>Steamed Broccoli<br>Pineapple bites<br><br><span style="color: red;">Fruit and Veggie Bar</span>   | 5<br>Beef & Gravy<br>Mashed Potatoes<br>Corn<br>Pears<br><br><span style="color: red;">Fruit and Veggie Bar</span>  | 6<br><b>School Lunch Hero Day</b><br>Walkin' Taco Beef or Chicken<br>Sour Cream, Tomatoes<br>Black Bean Salsa, lettuce<br>Orange<br><br><span style="color: red;">Fruit and Veggie Bar</span> |
| 9<br>Waffle Sticks<br>Yogurt Cup and Sausage Links<br>Green Peas<br><br><span style="color: red;">Fruit and Veggie Bar</span>                                       | 10<br>Teriyaki Chicken Bowl<br>Whole Grain Rice & Egg roll<br>Steamed Broccoli<br>Mixed Fruit<br><br><span style="color: red;">Fruit and Veggie Bar</span>               | 11<br><span style="color: green; font-weight: bold;">Early Release Day</span><br>Crispy Chicken Burger w/bun<br>Fresh Green Beans<br>Fresh Apple<br><br><span style="color: red;">Fruit and Veggie Bar</span> | 12<br>American Chop Suey<br>Tossed Salad w/ Romaine<br>Warm Garlic Dinner Roll<br>Fresh Pear<br><br><span style="color: red;">Fruit and Veggie Bar</span>     | 13<br><b>Hummus Day</b><br>Ham & Cheese Hoagie<br>Hummus w/ Veggie Sticks<br>Fresh Strawberries<br><br><span style="color: red;">Fruit and Veggie Bar</span>                                  |
| 16<br>Cheesy Chicken Quesadilla<br>Savory Brown Rice<br>Black Bean & Corn Salsa<br>Cinnamon Applesauce<br><br><span style="color: red;">Fruit and Veggie Bar</span> | 17<br>BBQ Pulled Pork w/ Bun<br>Coleslaw<br>Diced Carrots<br>Apple<br><br><span style="color: red;">Fruit and Veggie Bar</span>  | 18<br>Cheesy Pizza Crunchers<br>w/Marinara Dipping Sauce<br>Fresh Salad w/romaine<br>Warm Apple Slices<br><br><span style="color: red;">Fruit and Veggie Bar</span>   | 19<br>Macaroni & Cheese Boats<br>w/Beef Frank<br>Steamed Broccoli<br>Fresh Pear<br><br><span style="color: red;">Fruit and Veggie Bar</span>                  | 20<br><b>Pizza Party Day</b><br>Big Daddy Pizza<br>w/ BBQ or Buffalo Chicken<br>Cucumber & Broccoli Bites<br>Orange<br><br><span style="color: red;">Fruit and Veggie Bar</span>              |
| 23<br>French Toast Sticks<br>Yogurt & Cheese Stick<br>Broccoli & Cauliflower Bites<br>Sherbet Cup<br><br><span style="color: red;">Fruit and Veggie Bar</span>      | 24<br>Southwest Taco Pie<br>w/peppers & onions<br>Whole Grain Rice<br>Fresh Orange Wedges<br><br><span style="color: red;">Fruit and Veggie Bar</span>                   | 25<br>Creamy Chicken Carbonara<br>w/ Ham and Peas<br>Garlic Rip Stick<br>Kiwi<br><br><span style="color: red;">Fruit and Veggie Bar</span>  | 26<br>Power Parfaits<br>w/Sweet Granola Bites<br>Fresh Veggie Sticks<br>Sweet Blueberry Topping<br><br><span style="color: red;">Fruit and Veggie Bar</span>  | 27<br><b>Burger Day</b><br>Cheeseburger w/ Bun<br>w/ Lettuce and Tomato<br>Sweet Baked Beans<br>Kitchen Fruit Choice<br><br><span style="color: red;">Fruit and Veggie Bar</span>             |
| <span style="color: green; font-weight: bold;">Memorial Day</span><br><br><span style="font-size: 2em; color: green; font-weight: bold;">NO SCHOOL</span>           | 31<br>Cheesy Bosco™ Breadsticks<br>w/dipping sauce<br>Tossed Salad w/ Romaine<br>Chilled Mixed Fruit<br><br><span style="color: red;">Fruit and Veggie Bar</span>        | 1<br>Popcorn Chicken<br>Pasta Salad w/Rainbow Veggies<br>Crunchy Bonzo Beans<br>Diced Pears<br><br><span style="color: red;">Fruit and Veggie Bar</span>  | 2<br>Meatball Subs w/cheese<br>Sweet Potato Fries<br>Steamy Green Peas<br>Cinnamon Sliced Apples<br><br><span style="color: red;">Fruit and Veggie Bar</span> | 3<br>Philly Chicken Sandwich<br>w/peppers & onions<br>Carrot, Celery Cucumber Sticks<br>Kitchen Fruit Choice<br><br><span style="color: red;">Fruit and Veggie Bar</span>                     |

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."

