MSAD #54 Curriculum

Content Area: PE
Unit: Volleyball

Grade: 3-6

MLR Content Standard: Movement/Motor Skills and Knowledge: Students demonstrate the fundamental and specialized movement skills and apply principles of movement for improved performance.

Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings

Performance Indicator:
G1 Stability and Force
I1 Cooperative Skills
I2 Responsible Behavior
I3 Safety Rules and Rules of Play
<table>
<thead>
<tr>
<th>Performance Descriptor(s)</th>
<th>MSAD #54 Objectives</th>
<th>Instructional Resources/Activities/Assessments</th>
</tr>
</thead>
<tbody>
<tr>
<td>G4 Skill Improvement</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| I1 Cooperative Skills     | Students demonstrate taking turns and sharing while participating in physical activities. | Lesson 1  
- Bumping Skills  
- Overhand Serving  
- Underhand Serving  
- Rotation |
| I2 Responsible Behavior   | Students follow procedures for safe behaviors, including maintaining appropriate personal space, while participating in physical activities. | Lesson 2  
- Review  
- Rules and scoring  
- Game |
| I3 Safety Rules and Rules of Play | Students identify safety rules and rule of play for games/physical activities. | Lesson 3  
- Game play |
| G1 Students demonstrate a variety | Students will learn the rules of volleyball.  
Students will learn the basic skills of volleyball through practice and game play. | Assessment: Formative |
| a. a. Demonstrate movements that balances. |                                                         |                                             |
| b. b. Show how increasing speed and mass can change the force on an object. |                                                         |                                             |
| c. c. Demonstrate how body position can be changed to absorb force and decrease risk for injury. |                                                         |                                             |